

2018.09.10.SCISPD7.SLT - Itinerary

Group 1			Trip Details	
DAY 01 9.10	Morning	Arrival to Zhengzhou	Total participants	21
	Lunch	Packed lunch	Total Students	
		Transport to Dengfeng Township 2hrs, Hotel Check-In	Total Male Students	
	PM	Visit the Dengfeng Kingfu School and Orphanage	Total Female Students	
		Meet the students and watch them perform their practice routine	Total Teachers	
	18:00	Hotel Dinner	Total Male Teachers	
	Evening	Service Project Class Preparation	Total Female Teachers	
Night	Luming Villa Hotel	Important Telephones Numbers		
DAY 02 9.11	7:30	Wake up	Insight Office	0773-8811033
	8:00	Hotel Breakfast	Duty manager	18377353943
	8:40	Transport to Dengfeng Kungfu School	Insight Team	
	9:00	Teaching Class (English Art Music and Games)	TL -	
	12:00	Lunch at school canteen	ATL -	
	13:00	Learning Kongfu with master one on one	GLs	
	16:30	Transport back to Hotel, fresh up		
	17:50	Transfer to Restaurant. Farwell dinner with orphans		
	Evening	Service Project Reflection	Support - Mr. Kun	
	Night	Luming Villa Hotel		
DAY 03 9.12	7:00	Wake up	Hotel	
	7:30	Hotel Breakfast	Luming Villa	0371-62890888
	8:30	Transport to Dengfeng Kungfu School	Dongshan Hotel	0379-64686000
	9:00	Community Service repair and paint the wall	Shaolin Guesthouse	0371-62745888
	12:00	Lunch at school canteen		
	13:00	Team Games with local master		
	14:00	Transport back to Hotel, fresh up		
	18:00	Transfer to Restaurant. Farwell dinner with orphans		
	Evening	Service Project Reflection	Fire/Police/EMS	119 / 110 / 120
	Night	Luming Villa Hotel	Dengfeng People's Hospital	0371-62890608
		Luoyang Hospital	0379-65959120	
DAY 04 9.13	6:30	Wake up		
	7:00	Hotel Breakfast, check out		
	7:30	Transport to Sanhuangzhai Packed lunch		
	8:00	Hiking Sanhuangzhai Mountain		
	12:00	Packed lunch		
	14:30	Finish the Hiking and arrival Shaolin Temple gate		
	15:00	Visiting the Shaolin Temple		
	18:30	Buffet Dinner Hotpot		
Evening	Debriefing			
Night	Shaolin Guest House			
DAY 05 9.14	AM	Wake up		
		Hotel Breakfast, check out		
		Transfer to Zhengzhou		
Lunch	Packed lunch			

