

4 Night Shaolin Temple Itinerary

Group		Trip Details
DAY 01	Groups	Total participants
	Morning	Arrival to Zhengzhou
		Transport to Dengfeng Township
	Lunch	Local Lunch & Hotel Check-In
	Afternoon	Visit the Dengfeng Kingfu School and Orphanage
		Meet the students and watch them perform their practice routine
	Dinner	Hotel Dinner
	Evening	Service Project Class Preperation
	Night	Luming Villa Hotel
DAY 02	Groups	Important Telephones Numbers
	Breakfast	Hotel Breakfast
	Morning	Transport to Dengfeng Kungfu School
		Teach Students 4 classes in Groups (English, Art, Music, Games)
	Lunch	Lunch at school canteen
	Afternoon	Learn Kungfu with the students 1-on-1 (Students learn an entire form)
		Transport back to Hotel
	Dinner	farwell dinner with orphans
	Evening	Service Project Reflection
	Night	Luming Villa Hotel
		Insight Office
		Duty manager
	Insight Trip Leader	
	Assisstant TL	
	GL 1	
	GL 2	
	AL 1	
	AL 2	
	AL 3	
	Transportation	
	Hotel 1	
	Hotel 2	
DAY 03	Groups	
	Breakfast	Hotel Breakfast
	Morning	Transport to Luoyang
		Check into Hotel
	Lunch	Lunch at Dongshan Hotel
	Afternoon	Visit the Longmen Grottoes and explore the area
		Return Back to Hotel
	Dinner	Hotel Dinner
	Evening	Team Building Games/swimming in the pool
	Night	Dongshan Hotel
DAY 04	Groups	
	Breakfast	Hotel Breakfast
	Morning	Transport to Shaolin Temple
		Check Into Shaolin Guest House
	Lunch	Local Lunch
	Afternoon	Visit the Shaolin Temple with English Tour Guide
	Afternoon	Shaolin Temple Performance
	Dinner	Local Guest House Dinner
	Evening	Team Building Games
	Night	Shaolin Guest House
DAY 05	Groups	
	Breakfast	Breakfast
	Morning	Hike to Dhamma Cave
	Lunch	Lunch at Guest House
	Afternoon	Transport to Airport
		Fly to Shanghai
		

