



Shanghai Community International School

上海长宁国际学校

Air Quality Index (AQI)	SCIS Response
100-149	The school will be aware and monitor for individual symptoms. Students with a history of reactions to ozone exposure (often 24 hours after exposure) will be encouraged to minimize their exposure, via reduced exertion and/or duration.
150-199	The school will limit outdoor exposure for all students from heavy exertion levels (this includes sports that require high intensity workouts for long periods: rugby, soccer, running). Potential solutions to limit exposure include (but are not limited to): 1) Having practice/games inside 2) Having practice/games early in the day before ozone levels rise 3) Rotating players often and having breaks 4) Lowering exertion during practice (examples include skill building versus endurance training)
200+	All outdoor activities for all students are canceled.

The recommended Smart Phone app for use is called “Air Quality” and looks like this:



This app includes 11 monitoring stations in and around Shanghai, which can be selected from a drop down menu. There are 4 that SCIS-Pudong monitors throughout the day:

1. US Consulate (French Concession)
2. Weifang (Luzjiazui)
3. Zhangjiang (Longdon Avenue/JinQiao)
4. Chuansha (Pudong Airport)

The selection screen should look like this:

